

MONROE PARKS AND RECREATION

KARATE

Does your child have these four life skills?

Give your child a ***different***
kind of education



FOCUS
DISCIPLINE
CONFIDENCE
RESPECT

We know that children need focus, discipline, confidence and respect. Our certified instructors will not only help your child in these areas but also keep your child healthy through exercise.

Try a Free Class!

Visit us at www.superiorkarate.net
or call 203-783-9768



© 2007 MAIA LLC/0407/CA-1026

CLASS SCHEDULE

LITTLE NINJAS

(age 4 - 6)

Tuesday and Thursday
6:45 - 7:15 pm

KARATE

(age 7 – adult)

Tuesday and Thursday
7:30 - 8:15 pm

8 WEEK SESSION

March 13 - May 10, 2012

No class on 4/17, 4/19 for spring break. Tuesday classes are in the gym and Thursday class in cafeteria.

FAMILY DISCOUNT - For students attending 2 classes per week for an 8-week session, the 2nd-4th family members get \$50 discount.

Non-residents add \$10.

* **Parents must create an online registration form** at www.monroerec.org
or the rec dept will charge an extra \$10.

CLASS FEES

Any 2 classes (per week)

Any 1 class (per week)

LITTLE NINJAS

\$136

\$78

KARATE

\$176

\$98

REGISTER: at class, or mail in to rec dept, or at Rec Dept (203-452-2806).

LOCATION: Monroe Elementary School gym and café, 375 Monroe Turnpike, Monroe, CT

Chris Sansonetti Owner of Superior Karate, Chief Instructor and PDR Self-Defense Coach.
For more info call: 203-783-9768, email chris537@optonline.net or
visit us online www.superiorkarate.net

Instructors: Ryan McEachern, Cathy & Chris Lobosco, Ryan and Debbie Norton and Kyle Mencil