

## TOWN OF MONROE

## PARKS & RECREATION DEPARTMENT

7 Fan Hill Road Monroe, CT 06468 Phone: 203-452-2806 www.monroerec.org



## Monroe Parks and Recreation Commission 2024 Rules and Regulations Masuk Pool

(RECREATION USE) Proof of Monroe residency is mandatory. All others pay non-resident rates.

To be admitted everyone must present their valid membership card, receipt, or pay with credit card at desk each visit.

## **RECREATIONAL SWIM**

Dates and times are posted online.

- \* School activities have priority for pool use.
- \* The Parks and Recreation Department reserves the right to schedule lessons, meets, special events, adult swims and to limit the capacity or clear the pool area for health and safety reasons. The pool and locker rooms will be cleared from the first sound of thunder until 30 minutes after the last sound of thunder.
- \* Swimmers must totally vacate the pool promptly when pool time ends and leave the locker rooms and pool gallery <u>by</u> closing time (15 minutes after lifeguards blow the whistle to indicate the conclusion of pool use).

Lifeguards must be on the pool deck while pool is in use. See lifeguard(s) for all first aid needs. DO <u>NOT</u> SOCIALIZE WITH LIFEGUARDS ON DUTY.

Children under 12 years of age must be accompanied and directly supervised in all areas by an adult (minimum 18 years old, in the pool area). Children over the age of six are not allowed in the opposite gender locker rooms (ask to use staff bathroom). Spectators and non-swimmers must remain in the gallery area.

No running, hanging on lane lines, spitting, blowing of the nose, swearing, fighting, threatening, vandalism, horseplay, smoking, food, beverages (except water in shatterproof containers), gum, glass containers, coolers or bottles allowed in the pool area, locker rooms, showers, diving board or gallery.

No flotation devices of any kind (unless permanently part of a bathing suit) are allowed unless it is part of a special event directly run by Parks and Recreation staff.

Proper bathing suits ONLY in the pool. Cut-offs, T-shirts or shorts are NOT permitted unless they are the same material as traditional bathing suit (nylon, spandex, or lycra). Infants and untrained children MUST wear rubber pants AND swim diapers. Bandages and bobbie pins are not allowed.

Diving board use restricted to those in the lifeguards judgment of adequate diving and swimming ability only. Do not adjust the wheel. NO running, side, backwards or twisting dives, hanging on the board or multiple bounces. Only one person allowed on the board at a time. Do not get on the board until the previous diver has reached the side of the pool. No head first diving in water less than 5'. Do not get on or jump off starting blocks.

Rinse and soap showers must be taken before entering pool. Persons with severe infections or cuts are not permitted in the water.

Violation of any rules including disobeying the instructions or warning of lifeguard or other pool personnel may result in loss of pool privileges without refund.

The usage of any photographic device in locker rooms, bathrooms or showers is prohibited.

The teaching of private lessons is strictly prohibited by any individuals who are not currently employed by the Monroe Parks and Recreation Department during open community swim times. All lessons whether group or private must be part of a programmed offered through our registration procedures.